

SPORT



Borough star Paul is set to reign in Spain

HARROW Borough midfielder star Paul Adolphe will turn out for the Great Britain football team tomorrow when they kick off in the world university games in Palma, Majorca. Paul, who plays in midfield, is a final year PE student at the University of

Greenwich's School of Education based at the Avery Hill university campus. While at Greenwich, Paul has played for the university's first team, the SE England universities team and also represented GB against N. Ireland.

Super Steve makes it to an amazing eighth title

STEVE FREW has clinched the Scottish senior men's gymnastics championship for an incredible eighth consecutive year.

Steve, 26, of Avenue Mansions, Willesden, also won the individual apparatus title at the championships in Perth.

His achievements followed a hard training regime at the Harrow School of Gymnastics in Christchurch Avenue, under the watchful eye of international coach and head of the Harrow gymnastics club, Carol Ford, who has brought up a fine pedigree of international gymnasts including her son Simon and Kanakai Jackson.

Steve has been Scottish champion in every age group entered and has also competed in two world championships and three Commonwealth Games. He has been a member of the GB

team since the age of 14.

Steve, who works as a health and fitness instructor at the Livingwell health club in Maida Vale, said:

"My rivals in Perth were Barrie Collie and John Mutch, both younger and hungrier and both in contention for a place in the GB team for the next world championships. "But I took the lead from John after the fourth piece of apparatus, the vault, and once I got 1.5 pts ahead of him, I never looked back.

"I won the competition on the first day and following injuries and withdrawals, I won the overall competition on the Sunday. "Carol inspired me to go on to fulfil my dream of winning the Scottish title for the eighth time in a row. I am really grateful for her support, encouragement and belief in me."



High flier...Harrow's David Walker wards off a bouncer on his way to a superb 68 against Shepherds Bush: Report Page 114

Picture: GARETH BEARD

Stones line up a friendly thriller

Bring on Watford!

By **Dominique Stafford**

WEALDSTONE were celebrating last night after it was confirmed they would be playing a pre-season friendly against Premiership newcomers Watford.

The match will be the first in Stones' centenary season and former England manager Graham Taylor has promised to put out a full strength side for the clash, which will take place at the White Lion Ground in Edgware on Tuesday, July 27.

"I was absolutely delighted when it was confirmed the match would go ahead," said Stones manager Gordon Bartlett.

"It's wonderful news and a great reward to the players for the magnificent effort they put in at the end of last season. Hopefully it will help to ease up some of the disappointment of being denied promotion by the League and will give a great boost to our finances. We did play against Wimbledon a few years ago, but they brought a reserve team and the match was only watched by about 600 people.

We're hoping to get a maximum crowd of about 2,000 for this match."

Bartlett will use the Watford game, and the remainder of their pre-season friendlies to launch another push for promotion.

"The fantastic finish we had to last season, will enable us to be more confident than we were last time around," he said. "But we mustn't be complacent because there are some very good teams in this League and we will need to play really well to have any chance of promotion."

Wealdstone won promotion from the Ryman League First Division last season after an astonishing run of 17 wins in 19 games, but were denied a place in the Premier Division because of a faulty turnstile and a delay in putting a roof on a new section of seating.

The players will report for pre-season training next week, and Bartlett has confirmed there will not be very many new faces. "Things have been very quiet on the transfer front, and I don't expect to sign very many players before the start of the season," he revealed.

"However, I don't think anyone will be leaving either, because the players want to have another good crack at promotion, and the visit of Watford should certainly entice people to stay.

"The next 12 months will be a very important time for the club, both on and off the pitch.

"There is slow progress being made with our campaign to raise money for the new ground in Camrose Avenue, Edgware, and I'm hopeful the first brick will be laid within the next 12 months."

The Watford match will not be all-ticket, but the club are hoping for a sell-out because of the quality of the opposition.

Tickets will be £8 adults, £5 children and concessions. Details on 09003 800160.

Wasps face a tough Euro battle

WASPS face a tough task if they are to win the European Cup next season.

The current Tetley's Bitter Cup holders have been drawn in the same group as defending champions Ulster and Welsh double winners Llanelli, as well as rapidly improving French side Bourgoin. Wasps will be hoping to build on the success of last season, when they won the Cup, beating Newcastle 29-19 in the final, and also secured a place in the lucrative European Cup by finishing fifth in the League.

Supremo Nigel Melville said: "These are exciting times for our club. We are hoping to build on our experiences from last season and we want to go forward again.

"I'm delighted English clubs are back in Europe, and we're really looking forward to the challenge of playing against top class European opposition.

"It's a nice diversion from the hard grind of our domestic league, and we'll be hoping to improve on our showing two years ago when we reached the quarter finals.

"We've got a very good young squad and I'm optimistic for the future of the club." Wasps will begin their European Cup campaign at Loftus Road against Llanelli on November 21, and their other home matches will be on December 19 against Bourgoin, and on January 9 against Ulster.

Stanmore steer to Cup success

STANMORE continued their fine recent form by beating Ickenham by 45 runs in the Federation Cup on Friday.

Having been put into bat, Stanmore got off to the worst possible start, reaching 4-2 before Alastair Fraser (41) and Umesh Vajjee (38) put on 71 for the third wicket.

Steady performances from the lower and middle order, led by Mark Stear (24 not out) helped Stanmore reach 176-9 off their 45 overs.

Ickenham made an impressive start in reply, reaching 81-3, in spite of some good bowling and fielding.

However, once the fourth wicket fell Stanmore began to apply the pressure, and with wickets falling at regular intervals, Ickenham were eventually bowled out for 131.

A good all round bowling performance from Stanmore saw the wickets shared around, with Luke O'Reilly (2-21), Richard Brooker (2-14), Stear (2-31) and Dave Dunn (4-32) all putting in strong displays.

Stanmore eventually dismissed for 199, but it was soon clear this was more than enough.

Richmond collapsed to 17-6 in the face of some superb bowling from O'Reilly (5-22) and Jonathan Makin (3-39).

Richmond made a partial recovery, but never looked like reaching their target and were dismissed for 114.

"I was really pleased with our performance," said captain Alastair Fraser.

"It was great to see Luke O'Reilly bouncing back so well after his tough experience in the NatWest Trophy against Lancashire."

The NatWest Trophy against Lancashire.

Batting first Stanmore produced a solid performance with useful contributions from Navin Samarakon (37), Brooker (36) and Dunn

Stanmore eventually dismissed for 199, but it was soon clear this was more than enough.

Richmond collapsed to 17-6 in the face of some superb bowling from O'Reilly (5-22) and Jonathan Makin (3-39).

Richmond made a partial recovery, but never looked like reaching their target and were dismissed for 114.

"I was really pleased with our performance," said captain Alastair Fraser.

"It was great to see Luke O'Reilly bouncing back so well after his tough experience in the NatWest Trophy against Lancashire."

The NatWest Trophy against Lancashire.

Batting first Stanmore produced a solid performance with useful contributions from Navin Samarakon (37), Brooker (36) and Dunn

Richmond made a partial recovery, but never looked like reaching their target and were dismissed for 114.

"I was really pleased with our performance," said captain Alastair Fraser.

"It was great to see Luke O'Reilly bouncing back so well after his tough experience in the NatWest Trophy against Lancashire."

The NatWest Trophy against Lancashire.

Batting first Stanmore produced a solid performance with useful contributions from Navin Samarakon (37), Brooker (36) and Dunn

Richmond made a partial recovery, but never looked like reaching their target and were dismissed for 114.

"I was really pleased with our performance," said captain Alastair Fraser.

A good all round bowling performance from Stanmore saw the wickets shared around, with Luke O'Reilly (2-21), Richard Brooker (2-14), Stear (2-31) and Dave Dunn (4-32) all putting in strong displays.



We are the champions...Steve Frew with his mentor Carol Ford and the Scottish trophy

LOANS

OUR LOWEST EVER RATES!
ANY PURCHASE - £5,000 - £100,000 - 2-25 YEARS

£10k	£15k	£20k	£25k
£30k	£35k	£40k	£45k
£50k	£55k	£60k	£65k
£75k	£80k	£85k	£90k
£100k	£105k	£110k	£115k

Typical 5% variable rate - £11.95, fixed 5.99%, 12.50% fixed

FREEPHONE 0800 731 7293

0800 731 7293

0800 731 7293

Can you afford not to install

SECUREGLAZE

REPLACEMENT WINDOWS, DOORS & CONSERVATORIES

FREEPHONE

0800-515689

Free Quotations without obligation

Flint Insurance

Registered Insurance Brokers

COMPETITIVE QUOTATIONS CALL

Tel: 0181 427 6464

Mon-Fri 9.30-5.30 Sat 9.30-12.30

C.C. FLINT & CO LTD.
51 STATION ROAD, N. HARROW
MIDDLESEX, HA2 7SL

NEED HELP?

IT TRAINING

COURSE DETAILS:

- Computers from beginners to advanced
- Programming C++, Java, Visual basic
- HTML • PC Maintenance & Repair
- Children's Courses • Windows NT

0181 863 8900

Email: enquiries@computingtraining.co.uk
Springfield Road, Harrow, HA1 1QF